



ATELIER D'HORLOGERIE FRANÇAISE  
DEPUIS 1947

User manual





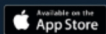
**ENGLISH**

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MMT-365



1

Download the MMT – 365 app

2

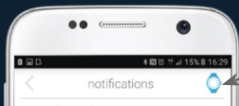
Activate bluetooth on your phone

3

Follow the instructions



The moon indicates the watch is in **SLEEP** mode



The sun indicates the watch is in **ACTIVITY** mode

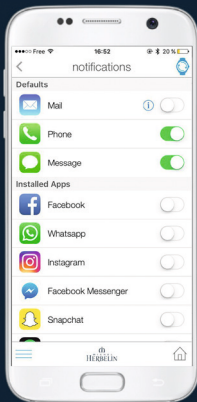
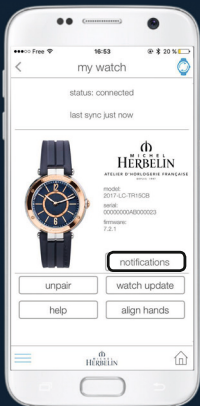


Arrows indicate a synchronization between the watch and the phone

## GENERAL SETTINGS

On the home page, click on the symbol on the top right corner to access the general settings.

Once Newport Connect twinned with your smartphone, the watch will be by default on **ACTIVITY** mode.

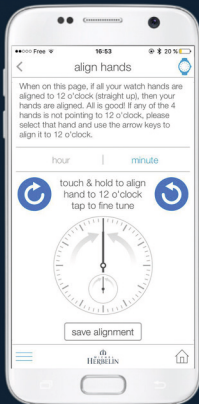
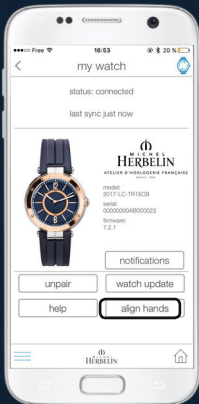




## NOTIFICATIONS SETTING

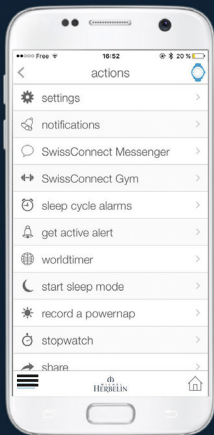
Click on the «Notifications» tab and check the options you want.

NB : Please check the «Phone» option if you want to receive notifications of calls in progress or missed calls.



## **ALIGN THE HANDS**

If the time displayed on the watch doesn't match the time indicated on your smartphone, align the hands according to the instructions.



## **OTHER FUNCTIONS**

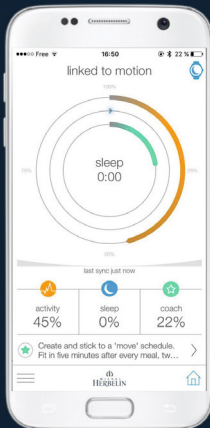
Explore the MMT / Michel HERBELIN app to discover the other functions available (Smart Alarm, Chronometer, Get Active Alert, Nap...)

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## USE OF THE WATCH









Connected to your body :

 ACTIVITY MODE

 SLEEP MODE

  
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## ACTIVITY MODE

**ACTIVITY** mode records and indicates your daily physical activity.

It must be activated when you wake up.

In case you forget to activate it, the watch will do it automatically after 250 steps.

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# ACTIVITY MODE

- **Press crown once :**

Minute hand moves under **ACTIVITY**. Hour hand indicates the percentage of the goal of activity, beforehand set up in the MMT app.

- **Press crown twice :**

Minute hand moves under **SLEEP**. Hour hand indicates the percentage of the goal of sleep.

- **Press crown for 3 seconds,** until watch vibrates.

It switches to **SLEEP** mode : minute hand indicates the selected mode, and relaunches it.

  
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## SLEEP MODE

**SLEEP** mode records and indicates the quality of your sleep.

It must be activated when going to bed.

**WARNING** : the watch must be worn or put under the pillow in order to work.

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# SLEEP MODE

- **Press crown once :**

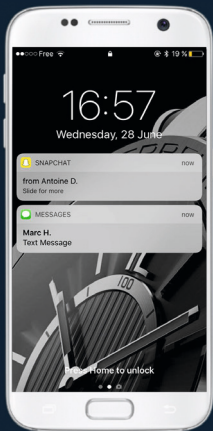
Minute hand moves under **SLEEP**. Hour hand indicates the percentage of the goal of sleep, beforehand set up in the MMT app.

- **Press crown twice :**

Minute hand moves under **ACTIVITY**. Hour hand indicates the percentage of the goal of activity.

- **Press crown for 3 seconds,** until watch vibrates.

It switches to **ACTIVITY** mode : minute hand indicates the selected mode, and relaunches it





Connected to your smartphone :

 PHONE

 NOTIFICATIONS

 DUAL TIME

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# PHONE

**PHONE** function indicates calls in progress or missed calls.

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## PHONE FUNCTION

1. As you receive a call, hands move under **PHONE**, and the watch vibrates.

2. In case you miss a call, hands will stay under **PHONE** to indicate it.

To free the hands, press crown once.

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# NOTIFICATIONS

**NOTIFICATIONS** function shows the information received on your smartphone, as they were set up beforehand.

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## NOTIFICATIONS FUNCTION

1. As you receive a notification, hands move under **NOTIFICATIONS**, and the watch vibrates.
2. In order to free the hands, press crown once.

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## DUAL TIME FUNCTION

1. Once a second time zone is set up in the MMT app, press the crown 3 times to show it.
2. Hands will go back to their former position after a few seconds.

## Summary table



## Hands Positions :

- Both hands move under **PHONE**, indicating a call in progress or a missed call
- Both hands move under **NOTIFICATIONS**, indicating any information received on your smartphone.

## The internal ring of the Newport Connect :

- Corresponds to a percentage from 0 to 100%
- Hour hand shows the percentage of the goal of the selected mode **ACTIVITY** or **SLEEP**.

## ACTIVITY MODE

	Minute Hand	Hour Hand
1 pressure	Moves under ACTIVITY	Shows the % of goal
2 pressures	Moves under SLEEP	Shows the % of goal
pressure of 3 secondes	Switches to SLEEP mode	Moves to 0% : the selected mode is relaunched



## SLEEP MODE

	Minute Hand	Hour Hand
1 pressure	Moves under SLEEP	Shows the % of goal
2 pressures	Moves under ACTIVITY	Shows the % of goal
pressure of 3 secondes	Switches to ACTIVITY mode	Moves to 0% : the selected mode is relaunched

## LEGAL NOTICES



EUROPE  
CE  
USA

**Michel HERBELIN SA**

9 rue de la 1ère Armée

25140 CHARQUEMONT – France

Declares that the product :

**NEWPORT CONNECT**

**REF. 2017.GC / REF. 2017.LC**

Complies with the essential requirements of Article 3 of the R&TTE 1999/5/EC Directive, if used for its intended use and that the following standards has been applied :

Place and date of the declaration of conformity

Charquemont, July 1st, 2017

Name and signature

Pierre-Michel HERBELIN

A handwritten signature in black ink, appearing to read 'P. Herbelin', with a stylized flourish extending from the end.

## **1. HEALTH**

Article 3.1.A of the R&TTE Directive

Applied Standard(s)  
EN 62311:2008

## **2. SAFETY**

Article 3.1.a de la Directive R&TTE

Applied Standard(s)  
EN 60950-1:2006 + A11:2009 + AC:2011 + A12:2001 + A1:2010

## **3. ELECTROMAGNETIC COMPATIBILITY**

Article 3.1.b de la Directive R&TTE

Applied Standard(s)  
EN 301 489-1 V1.9.2  
EN 301 489-17 V2.2.1

## **4. EFFICIENT USE OF THE RADIO**

Article 3.2 de la Directive R&TTE

Applied Standard(s)  
EN 300 328 V1.8.1

## NOTE

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced technician for help.



## NOTICE

This device complies with Part 15 of the FCC Rules and with Industry Canada license-exempt RSS standard(s).

Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.

### **NOTICE:**

Changes or modifications made to this equipment not expressly approved by MICHEL HERBELIN SA may void the FCC authorization to operate this equipment.





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